# HAVING A COUNSELLOR

A counsellor is a person trained to give guidance on personal, [social] or psychological problems. (oxforddictionaries.com)

A counsellor is like a mentor, who advises a person concerning a particular area of his or her life. These advises are necessary when one is confused, depressed, afraid, shy, and even confident.

It is good to always have a counsellor as he or she could help your social or psychological problems. Your choice of counsellor should be influenced by:

- How well you know the person
- If the person has possibly experienced what you are facing
- If the person is known to be successful on that particular area

*The principle is this: let a successful person in a particular area who has become a master counsel those who are in that particular area.*